

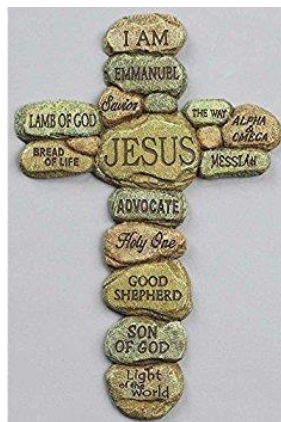


# AARPSS

**Archdiocesan Addiction Recovery Pastoral Support Services**

***Bringing Christ into Recovery***

A network of resources of support assistance and outreach for addicted persons afflicted with and suffering from the disease of addiction and for families, friends and communities affected by the disease of loved ones.



*“Be fervent in spirit; Rejoice in hope; Endure Affliction; Persevere in prayer.”*  
-Romans 12:12

The primary objective of AARPSS is to increase pastoral care to families of addicted persons, individual addicted persons, and parishioners by providing support and resources to clergy and staff of RCAB parishes and agencies.

# Bringing Christ Into Recovery

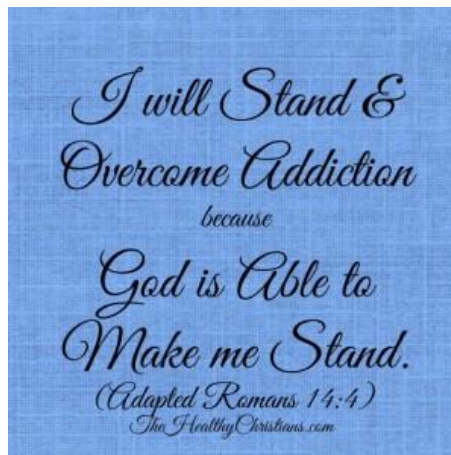


Addiction is a chronic disease, which centers in the brain and has both physical and emotional effects. There are also spiritual maladies, effects requiring spiritual remedies. AARPSS primary mission is to assist as a resource to clergy, religious and all pastoral staff and volunteers, ministers of parishes and agencies throughout the Archdiocese of Boston providing ongoing spiritual care.

Parishes and agencies have long been ministering to alcoholics, addicted persons and so many afflicted with the disease. Numbers of people affected by a loved ones' disease have been ministered to for decades and centuries. Our churches and Catholic Charities have been among the first to provide safety, comfort, treatment and recovery support groups. Thank you for the significant role you have already provided in ministry and outreach.

The addiction epidemic today requires increased efforts and varieties of pastoral care. Hope and healing are essential and so very much needed. The capacity of Jesus Christ is unlimited in the face of those disciples in mission providing individual recovery oriented spiritual systems of care (IROSSC). Each Individual, each family and each community has a particular identity as does pastoral care.

Understanding addiction and supporting recovery requires strategies and tools for clergy and other pastoral caregivers. AARPSS is intended to assist with strategies, offer resources and tools specific to a particular parish/community.



# Addiction & Grace

“The power of grace is nowhere as brilliant nor as mystical as in communities of faith. Just to be in such an atmosphere is to be bathed in healing Power.”

The following programs and groups are an incomplete list of AARPSS related support systems. Though not exhaustive this is a fair presentation of ongoing supports:

- Community & Spiritual Development
- Pastoral Recovery Coaches (Spiritual Companionship)
- Retreat Opportunities; Cursilio
- Liturgies of Hope and Healing
- Life Recovery Bible Study
- Rosary for Recovery
- Spirituality of Imperfection Study Groups
- Family and Friends Support Groups
- Grandparents Raising Grandchildren Support Group
- Parish and collaborative evenings of awareness and education; hospital response; prison recovery support; criminal justice recovery assistance.
- Fatal Overdose Bereavement
- Trauma Informed Care
- Community Cenacolo Support
- Individual & Individual Family Counseling
- Children Summer Camp
- Interfaith Addiction Recovery Coalition
- Clergy Support Breakfast
- Special Events

# February 11 – Our Lady of Lourdes World Day for the Sick

The Sacrament of the Sick – Healing & The Infinite Mercy of God



**An opportunity for parishes and collaborators to provide spiritual healing for the disease of addiction. Any spiritual malady that can be brought to prayer for a spiritual remedy with physical and emotional healing.**

# **TRUST, SURRENDER, BELIEVE, RECEIVE**

## **Trust**

Develop a spirituality for recovering

If an alcoholic or addicted person can apprehend and come to *trust* that God's love in personal miracles of recovery happen.

The spiritual journey and life of recovery is about God and you.

## **Surrender**

For the power of add

iction to be overcome, human will must act in concert with Divine Will.

The human spirit must flow with the Holy Spirit.

Personal power must be aligned with the power of grace.

-from Gerald G May,  
*Addiction and Grace*, p 140

# **Instruments of Grace**

## **Understanding Addiction & Supporting Recovery**

A Faith Based Community Spiritual Caregiving



# One Voice, One City, Many Paths

The Intersection of Faith and Addiction Recovery



## AARPSS resources and allies

### **-Catholic Charities Labourè Center**

Website: [www.ccab.org](http://www.ccab.org) Phone: 617-464-8100

### **-Catholic Charities Recovery Connection**

Website: [www.ccab.org/?q=counseling-services](http://www.ccab.org/?q=counseling-services) Phone: 617-464-8569

### **-MA Bureau of Substance Addiction Services (BSAS)**

Website: [www.mass.gov/orgs/bureau-of-substance-addiction](http://www.mass.gov/orgs/bureau-of-substance-addiction) Phone: 617-642-5111

### **-MA Organization for Addiction Recovery (MOAR)**

Website: [www.moar-recovery.org](http://www.moar-recovery.org) Phone: 617-423-6627

### **- Massachusetts Substance Use Helpline – Hope is Here.**

Phone: 800-327-5050 Website: [helplinema.org](http://helplinema.org)

### **-Substance Abuse and Mental Health Services Administration (SAMHSA)**

Website: [www.samhsa.org](http://www.samhsa.org) Phone: 877-726-4727

### **-Learn2cope**

Website: [www.learn2cope.org](http://www.learn2cope.org) Phone: 508-738-5148

### **-Alcoholics Anonymous**

Website (find a meeting near you): [findaameetings.org](http://findaameetings.org) Phone: 205-285-3551



# Serenity Prayer

God grant me the serenity  
to accept the things I cannot change;  
courage to change the things I can;  
and wisdom to know the difference.

Living one day at a time;  
Enjoying one moment at a time;  
Accepting hardships as the pathway to peace;  
Taking, as Jesus did, this sinful world  
as it is, not as I would have it;  
Trusting that He will make all things right  
if I surrender to His Will;  
That I may be reasonably happy in this life  
and supremely happy with Him  
Forever in the next.

Amen.

--Reinhold Niebuhr